



POST GRADUATE DIPLOMA IN GUIDANCE AND COUNSELING, COUNSELING CELL

Ranchi University, Ranchi

Email: counselingcell2016@gmail.com

Website: www.ranchiuniversity.ac.in

GENERAL INFORMATION AND SYLLABUS SEMESTER-I SESSION-2019-20 (General Information/Regulation for the PGDGC)

A candidate seeking admission to PDDGC must satisfy following conditions:

- He/she must be a graduate from any recognize University in any discipline with minimum 50% of marks in the aggregate or equivalent grade.
- Admission to this course will be based on merit, if number of applicants exceeds double of the seats. There will be an entrance examination followed be the counseling. **Reservation of the seats for this course as per the admission rules of the University.**
- Candidates with good interpersonal skill will be preferred.

Duration

The candidate admitted to the PGDGC shall undergo the prescribed courses of study for one academic year, comprised of two semesters.

Intake Capacity

The maximum limit of the candidates should be eighty (80)

SEMESTER-I

Sl. No.	Subject Code	Name of the Papers	Marks			
			Internal	Theory	Total	Pass Marks
01	101	Basics of the Psychology, Personality Adjustment and Intelligence	25	75	100	45
02	102	Theories & Principles of Guidance and Counseling	25	75	100	45
03	103	Measurements of Personality and Intelligence	25	75	100	45

101. Basics of the Psychology, Personality Adjustment and Intelligence

UNIT-I

- Introduction, Meaning and relevance of Psychology.
- Approaches and methods of Psychology.
- Personality:
 - Nature
 - Approaches and
 - Determinants.
 - Impacts of Social Media on Personality.
- Attitude and its measurements.

UNIT-II

- Characteristics of human adjustment
- Psychological approaches of adjustment.
- Basic areas of adjustment:
 - School, Career & Job.
 - Marital
 - Old age & Death adjustment.
- Mental Health:
 - Characteristics
 - Need & Importance
 - Status of mental health in India
 - Treatments/coping with maladjustment.

UNIT-III

- Intelligence:
 - Meaning
 - Definitions and
 - Nature
 - Theories of Intelligence

102. Theories & Principles of Guidance and Counseling

UNIT-I

- Nature, Need, Meaning and Scope of Guidance
- Guidance Techniques and
- Areas of Guidance

UNIT-II

- Theoretical approaches to Counseling.
- Process of Counseling

UNIT-III

- Counseling special groups
 - Delinquents
 - Drop-outs
 - Drug addicts
 - Homosexuals
- Abuse counseling
 - Types and its effects
- Fundamental Counseling Skills
 - Attending
 - Listening
 - Empathy
 - Respect
- Ethics in Counseling.

103. Measurements of Personality and Intelligence

- Measurement of Personality
 - Interview
 - Observation and
 - Projective techniques
- Measurement of Intelligence

SEMESTER-II

Sl. No.	Subject Code	Name of the Paper	Marks			
			Internal	Theory	Total	Pass Marks
01	104	Behaviour Dysfunctions	25	75	100	45

02	105	Dissertation, Projects and Field work	25	75	100	45
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104. Behaviour Dysfunction

UNIT-I

- Introduction to Abnormal Psychology:
 - Perspectives on abnormal behaviour
 - Meaning, classification of mental disorders
 - Causal facts, viewpoints in Abnormal Psychology
 - Models for understanding causes of behaviour dysfunction:
 - Psychoanalytic
 - Humanistic- Behavioural
 - Transpersonal

UNIT-II

- Stress and Anxiety related disorders
 - Symptoms
 - Types
 - Causes
 - General Anxiety Disorder (GAD)
 - Phobia
 - Obsessive-Compulsive Disorder (OCD)
 - Stress and Dissociative Disorders.

UNIT-III

- Mood Disorder
 - Symptoms, Types, Causes and Treatments
- Suicide
 - Facts about Suicide
 - Perspective and
 - Prevention
- Overview of Childhood, Adolescence past experiences.
- Learning Disabilities, Mental Retardation, Autism, Somatoform Disorder.

Medium of Instructions

The medium of instructions will be in English.

Syllabus for the Post Graduate Diploma in Guidance and Counseling (PGDGC)

Duration of the Programme : Two Semesters (One Year)
Semester-I : July to December
Semester : January to June

(Vacations and holidays shall be as per University calendar)

Course Fee

That to be admitted to Post Graduate Diploma in Guidance and Counseling (PGDGC) a candidate should pay Tuition fee, Developmental fee, Course fee, Laboratory fee etc.

Rs. 12,500.00 (Rupees Twelve Thousand Five Hundred Only), Total Rs. 25,000.00 (Rupees Twenty Thousand Only) and Rs. 10,500.00 (Rupees Ten Thousand Five Hundred Only) per Semester. Examinations fee as per Ranchi University norms.